Active&Fit DIRECT™

# JOIN US for an Active&Fit Direct™ Webinar

**Join us** for an inside look into the Active&Fit Direct program and hear the latest about this flexible fitness benefit.

## Topic

Gratitude Sound Journey:
Guided Sound Bowl Experience

## Date & Time

Wednesday, November 4, 2026

12pm PT/2pm CT/ 3pm ET

## Register Now

**https://events.teams.microsoft.com/event/7601ad9d-5387-4372-99b2-58ad15217f78@da7b84dc-6748-4ba5-9b02-1f3a0bdc2b50**




*Monthly fees are subject to applicable enrollment fees and taxes.

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